

Black Dog Belly Rub™

A peppery blend with garlic, onion and a few herbs

- Salt-free
- Sugar-free
- Gluten-free

Season your food and grill, bake, broil, mix, roast, pan-fry, sear, slow cook, etc.



Steaks, roasts, chops, brisket:
brush with EVOO, then season & cook



Chicken, turkey, Cornish game hens,
pheasant, and quail:
brush with EVOO then cook



Burgers: season turkey, beef, chicken, veggie,
salmon & plant based burgers then cook



Veggies: drizzle with EVOO, season,
then grill or roast



Eggs: scrambled, poached, quiche...
season then enjoy



Stews, soups, stocks, bone broth:
a delightful seasoning